

Spring Summer 2020/2021								
Week 2		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast #1		Assorted Juice Congee Poached Egg Buttered Wheat Toast Fruit Cocktail	Assorted Juice Congee Boiled Egg Banana Half	Assorted Juice Congee Boiled Egg Buttered Wheat Toast Mandarin Oranges	Assorted Juice Congee Boiled Egg Buttered Wheat Toast Chilled Pears	Assorted Juice Congee Poached Egg Buttered Wheat Toast Banana Half	Assorted Juice Congee Boiled Egg Buttered Wheat Toast Chilled Apricots	Assorted Juice Congee Boiled Egg Buttered Wheat Toast Cantaloupe Chunks
Breakfast #2		Assorted Cold Cereal Oatmeal Buttered Raisin Toast Peanut Butter	Assorted Cold Cereal Cream of Wheat Buttered Wheat Toast Peanut Butter Chicken Bun	Assorted Cold Cereal Oatmeal Fruit Yogurt Peanut Butter	Assorted Cold Cereal Oatmeal Buttered Wheat Toast Peanut Butter	Assorted Cold Cereal Cream of Wheat Buttered Wheat Toast Peanut Butter BBQ Pork Bun	Assorted Cold Cereal Oatmeal Buttered Wheat Toast Cheddar Cheese	Assorted Cold Cereal Cream of Wheat Toasted English muffin Peanut Butter
Chinese Lunch	Soup	Congee	Tomato, Potato, Pork	Congee	Red & Green Turnip	Congee	Bok Choy Soup	Congee
	Entrée	Singapore style Vermicelli	Honey Garlic Chicken Wings	Black Bean Ribs	Sliced Chicken w/ Vermicelli and Wintermelon	Sauteed Pork w/ black fungus, zucchini	Rice w/ Shrimp and Egg Sauce	Beef w/ Black Bean and String Beans
	Starch	---	Rice	Rice	Rice	Rice	---	Rice
	Veg	Broccoli Florets	Shanghai Bok Choy	Italian	Yau Choy	San Francisco	A Choy	Broccoli Florets
Dessert	Apple Cinnamon Pudding	Raspberry Mousse Cake	Jelly Roll Cake	Pound Cake	Lychee Jello	Tapioca Pudding	Lemon Pudding Cake	
Canadian Lunch	Soup	Split Pea & Vegt Soup	Congee	Chicken Noodle Soup	Congee	Beef Vegetable	Congee	Chicken Gumbo
	Entrée	Grilled Chicken Asiago Salad	Salami, Lettuce, Tomato on Kaiser Bun	Captain Burger on WW Bun	Open Faced Burger w/ Gravy	Chicken Stew	Penne Sausage w/ Peppers	Breaded Fish Sticks
	Starch	Dinner Roll	---	---	---	Dinner Roll	---	Fries
	Veg	---	Beet Salad	Romaine Salad	Tossed Salad	Sliced Carrots	Zucchini Medley	California
Dessert	Red Grapes	Sliced Peaches	Crushed Pineapple	Clementine	Chilled Apricots	Tropical Fruit	Papaya	
German Lunch	Soup	Split Pea & Vegt Soup	Broccoli & Chs Soup	Chicken Noodle Soup	Carrot Cream Soup	Beef Vegetable	Chicken Corn Chowder	Chicken Gumbo
	Entrée	Stuffed Green Peppers	Honey Garlic Chicken Wings	Chili Con Carne	Deviled Eggs	Deli Meat Cold Plate	Pastrami Sandwiches	Tuna Sandwiches
	Starch	Tea Biscuit	---	Garlic Bread	Macaroni Salad	Corn Muffin	---	---
	Veg	4 Way Mix	Fall Medley	Creamy Coleslaw	Mixed Salad	Vinagrette Coleslaw	Caesar Salad	
Chinese Dinner	Entrée	Lemon Ginger Chicken	Mui Choy Braised Pork	Chicken Pineapple Fried Rice	Steamed Egg w/ Pork & Dried Scallop	Black Pepper Chicken	Ground Pork w/ Eggplant	Honey Hoisin Chicken Thighs
	Starch	Rice	Rice	---	Rice	Rice	Rice	Rice
	Veg	Chinese Broccoli	Florentine	Korean Cabbage	Mexican	Bok Choy	Summertime	Fall Medley
	Dessert	Butterscotch Pudding	Black Sesame Dessert	Choco Rasp Pudding Cake	Green Bean Dessert	Red Velvet Cupcake	Cappuccino Cake	Tripleberry Crumble Cake
Canadian Dinner	Entrée	Honey Dijon Glazed Basa	Lemon Chicken Thigh	Pork Roast	Turkey Schnitzel	Maple Glazed Salmon	Vegetable Lasagna	Beef Shepherd`s Pie
	Starch	Baked Potatoes	Garlic Mashed Potato	Roasted Potatoes	Lemon Potatoes	Parsley Potatoes	Garlic Bread	---
	Veg	Sunrise	Green Beans	Kernel Corn	Prince Edward	Sunrise	4 Way Mix	Brussel Sprouts
	Dessert	Chilled Apricots	Fruit Cocktail	Mango	Apple Slices	Diced Pears	Mango	Grapes
German Dinner	Entrée	Veal Roulade	Octoberfest Sausage with Saurkraut	Bavarian Veal	Ham Sandwich	Swedish meatball	Cheese Sandwiches	Egg Salad Sandwiches
	Starch	Baked Potatoes	Scalloped Potatoes	Mashed Potatoes	---	Egg Noodle	Mashed Poatoes	---
	Veg	California	Florentine	Kale Veg Blend	Quinoa Salad	Squash	Summertime	